

Voorhees Swim Team 2017

SWIM WITH THE STINGRAYS!

The Voorhees Swim Team is a summer activity for swimmers ages 5-18 who are beginner to advanced skill levels and who are interested in regular practices, competitive swim meets, and lots of fun!!

Last summer, over 100 Stingrays worked together to compete as a Tri-County Swim League team while developing their swim techniques. We will be in the 'D' division again this year. It will be a fun and exciting season!

The Stingrays enjoyed pancake breakfasts, pasta nights, and other team spirit events. The season ended with a banquet and dance party attended by many swimmers and their family members.

The fun will continue in 2017 with Coach Jessie and Gabriella!!

TEAM CLOTHING

The Stingrays' team suit for 2017 is **Speedo Launch Splice in black/green**. Team suits are our uniform and are required for all swim meets. Swimmers must also wear their team suit on team picture day.

The team suit may be purchased at a discounted price at Danzeisen & Quigley, 1720 East Route 70, Cherry Hill, NJ at any time.

Accessories and practice suits are also available at D&Q. Accessories (20%) and practice suits (50%) are on sale the following weeks:

April 22-30

May 20-30

REGISTRATION

Please complete all information on the 2017 Team Registration form. Make your check payable to **Voorhees Swim Club** and mail it to VST, 8 Forrest Hills Drive, Voorhees, NJ 08043 by **Friday, May 5, 2017**.

The personalized swim caps take 4-6 weeks to be delivered. Therefore, all cap orders must be received by **Friday, May 5, 2017**. After that date, **personalized** caps will **not** be available. However, late team registrations will be accepted after May 5th.

Registration fees for 2017 are \$100 for the first swimmer in each family and \$90 each for any additional swimmers.

Parents are also asked to contribute food to the home meets, snack bar, and/or social events approximately three times per season and work 4 swim meets. Volunteer lists will be available on the registration form, during the Parent Meeting in June and throughout the season on Signup Genius.

2017 MEET SCHEDULE

<u>Date</u>		<u>Opponent</u>	<u>Location</u>
Sat	6/17	Time Trials	HOME
Sat	6/24	Wexford Leas	AWAY
Wed	6/28	'B' Old Orchard	AWAY
Sat	7/1	Woodcrest	HOME
Wed	7/5	'B' Fox Hollow	AWAY
Sat	7/8	Cherry Valley	AWAY
Wed	7/12	'B' Downs Farm	HOME
Sat	7/15	Haddontowne	HOME
Wed	7/19	'B' Deerbrook	HOME
Sat	7/22	Stratford	AWAY

Saturday, July 29th—Burlington County Champs
@ Pheasant Run
8/5 - 8/6 Tri-County Champs @ Wenonah

Preliminaries Saturday, August 5th
Finals Sunday, August 6th

PICTURE DAY

Picture Day is TBD. Swimmers must wear their team suit. More information and forms will be distributed at a later date.

2017 PRACTICE SCHEDULE

The first officially practice will begin on Tuesday, May 30th and is held after school. Ages 13-18 practice from **4:00-5:30 PM**, ages 9-12 from **5:30-6:30 PM**, and returning 8 & unders from **6:30-7:15 PM**. New swimmers will have evaluations on May 30th or May 31st from 6:30-7 PM to determine placement. Once school closes and the pool is open full-time the practices are held in the mornings. Ages 13-18 practice from 7:30-9:00 AM, ages 9-12 from 9:00-10:00 AM, and 8 & unders from 10:00-11:00 AM. **The coaches will also have evening practices once morning practices begin on Tuesday and Thursday from 6:30-7:30 PM for swimmers in camp or have working parents.** All practices are held at Voorhees Swim Club Monday through Friday.

Coach Jessie will have a **mandatory parent meeting**.

Mandatory Parent Meeting

Thurs., June 1st from 6:30- 7:15 PM

NEW SWIMMER EVALUATIONS

Hey kids, why not just jump right in and join the Stingrays? The Voorhees Swim Team is always looking for new, eager future Stingrays!! All new swimmers will be given an evaluation by Coach Jessie to determine the best placement for each swimmer.

Dates: May 30th and 31st

Time: 6:30-7pm (just show up to one of the dates!)

What to expect: Each swimmer will be asked to swim a lap of freestyle followed by 1/2 lap of a different stroke. The following criteria will be used to determine where each swimmer will be placed:

Swim Team: (full team) Swimmer makes it all the way down the pool with no difficulty. Has most technique for regular swim team. Second stroke also needs little improvement.

Pre Team: (part of the team, can move up) Swimmer has moderate difficulty finishing one lap of freestyle, and is not able to legally swim a second stroke, or needs a lot of refinement.

Lessons: (not on team) Swimmer is unable to finish a lap and is unable to swim a second stroke.

PARENTS MAKE A DIFFERENCE

Did you know that it takes approximately 35 people to run a swim meet? And that number does not even include the coaches and the swimmers! So who are these people?

PARENTS. Swimming is a family participation sport.

At the parent meeting, you will be able to sign up to assist at swim meets and team activities. We will also be sending out emails from Signup Genius. All families are required to volunteer for at least four out of the eight meets their child (ren) swim(s).

We are also looking for volunteers to head different committees such as pancake breakfasts, pasta nights, concessions, etc. If interested, email swimparentcoordinator@voorheesswimclub.com or reply to this email.

VOLUNTEERS NEEDED

We are looking for parents to head different areas of a swim meet such as: B meet coordinator (involves making sure all positions are filled at a B meet) and head ribbon writer for B meets (transports ribbon boxes to and from B meets and helps write names on ribbons). We are also looking for parents to become certified as meet officials. Certification requires completion of a short educational workshop held locally. The meeting for this certification will be held on Saturday, June 11th. More information will be available as we receive it. Please contact tricorep@voorheesswimclub.com if interested.

We hope your family will join the Stingray family in 2017 for an exciting season of swimming!!

